## RESERVE THE DATE!







Reserve the date, July 19, 2007 for the Opening Ceremony of the 22nd Annual INShape Indiana Black & Minority Health Fair. The opening ceremony will begin at 4:00 p.m. near Exhibit Hall A of the Indiana Convention Center in downtown Indianapolis and will include a keynote address from Oscar Robertson (The Big O)! After the ceremony, attendees may begin entering into Hall A of the convention center to take advantage of \$1,000.00 worth of free health screenings and tests. The health fair runs from July 19 – July 22. The Indiana State Department of Health – Office of Minority Health offers the fair because increasing awareness of chronic diseases, and how to prevent them, is a proven method for reducing health disparities.

When it began in 1985 the fair offered screenings, only, and was staffed by a few hundred people. By contrast, the 2006 fair had more than 32 sponsors, 82 exhibitors, and 2,800 community and corporate volunteers working hard to bring the INShape Indiana health initiatives of nutrition, increased physical activity, and quitting tobacco to more than 36,000 attendees.

The purpose of the fair, however, is not just about the administration of thousands of free health screenings. Nor is it about how many corporate sponsors or how many free T-shirts we give out. In truth, the only thing the fair is about is the people like you who attend. After all, helping out the community through health education and awareness is the core principle driving the health fair.

For our opening ceremony (Thursday, July 19) free transportation for senior citizens and people with disabilities will be provided by our gracious sponsor OPTIONS-*The Indiana Elder Affairs Network* (pickup locations will be announced next month). Refreshments for seniors will be provided by Clarian Health Partners at the fair.

To see a list of registered sponsors and exhibitors from the health fair, <u>log on to http://www.in.gov/isdh/programs/omh/.</u>

If you have any questions concerning the health fair or how to be involved this year contact:

Indiana State Department of Health Black & Minority Health Fair Office of Minority Health 2 North Meridian St. Indianapolis, IN 46204 317.233.7685 (Voice Mail).